## **Longplex Volleyball Rules**

## **General Rules:**

- Except as noted below, Longplex follows the Official USA Volleyball Rules for all half court matches. Copies of the rules may be ordered in the front office or directly from USA Volleyball.
- Official Longplex Game Balls will be used for all games. Unless 2 teams and the
  referee mutually agree on a game ball. In all cases the referee makes the final
  decision on which game ball will be used.
- 6vs6, Max roster size **12**. Minimum 4 players to start.
- For CO-ED divisions 2 women must be always on the court. Teams which are
  only able to play 1 woman may play, however, the team must play one man
  down. Teams not able to play the right number of players who face forfeiting their
  game can play if the opposing team says so.
- Whenever Possible teams must play with the allotted number of players
- Players must play 50% of regular season games to be eligible for the playoffs.
- All players must have a valid player's card to be eligible for the playoffs.

## **Gameplay Rules:**

Regular season matches will consist of two games to 25 points and one game to 21, win by two. Each of the first two games shall have a time limit of 18 minutes, running time except for the last minute. The third game in a match will have the duration of the hour block to play 18 minutes, whichever is longer. If the game is tied when time expires then the next point wins.

- Teams will have the whole hour block to get the 3 games in. They will also have the court for the remainder of the hour if the game finishes before the hour is up.
- Playoffs matches will have a time limit of 18 minutes per game. Championship matches will be the same game as the regular season. 2 games to 25, 1 game to 21.
- Players are encouraged to warm-up off the court as much as possible as limited time will be available on the court before games.
- Teams which are unable to field the minimum number of players will be given a
   5-minute grace period before the match. After 10 minutes the result will end in a forfeit.